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Charity

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Blind Sport

E Karen Titmus	
Karen is a Mum and an enthusiast who lives in Cambridgeshire. She is involved on this project with the aim of promoting	

Karen is a Mum and an enthusiast who lives in Cambridgeshire. She is involved on this project with the aim of promoting and encouraging Ice Skating for Special Olympic athletes in the UK.

Over the years, Karen has gained knowledge of several special needs. Her son Calum, who started on the Learn to Skate UK programme in February 2010, has learning difficulties as well as being on the Autistic Spectrum.

She is an active member of the North West Cambridgeshire Special Olympic group.

She says:

"I believe in supporting anyone who is striving to achieve something and to try and help them to achieve their potential. Life is full of challenges and you can overcome them."

She believes there is more than one way to teach something, "I taught Calum subtraction by using crisps. He learnt very quickly!"

"I have a limited skating knowledge, but along with Calum, I am learning something new every week."

Karen has now retired as a Charity Trustee but remains involved with all Inclusive Skating activities as a Consultant and an Honorary Past Trustee.

Alison Sargent
Hannah Lee
Noel Grimshaw
Walter Stewart
Sharon McLean
Perry O'Connor
Ann Stokes

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LINKS OF INTEREST

Inclusive Skating at World Figure Sport championship

ParalympicsGB

Special Olympics

Special Olympics Great Britain