



## Inclusive Skating for Genes 2018 Entry Form

This form must be received by the organiser ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com))  
by **27<sup>th</sup> August 2018**

**Please contact us by phone (07813993237) or e-mail  
if you need any help to fill out the form.  
We are here to help you!**

Each skater should fill out a separate Entry Form.  
Synchro Groups and Teams should enter the name of the lead correspondent and the name and number of skaters taking part.  
Please provide any additional information on separate sheets if required.

Please type in the form below or write in capital letters.  
You can take a photo of the completed form and send that to us too!

Skaters Details				
<b>Name</b>				
<b>Address</b>				
<b>E-mail</b>				
<b>Telephone numbers</b>	Home:		Mobile:	
<b>Date of Birth</b> (dd/mm/yyyy)			<b>Age on 1<sup>st</sup> January 2018</b>	
<b>Free Skating</b> (Please circle level)	Level 1	Level 2	Level 3	Level 4
	Level 5	Level 6	Level 1 BHF	Level 2 BHF
<b>Solo Free Dance</b> (Please circle level)	Level 1		Level 2	Level 3

	Level 4	Level 5	Level 6
<b>Synchro Name</b>			
<b>Synchro Group (2 to 5 skaters)</b>	Level 1	Level 2	Level 3
<b>Synchro Team (6 to 9 Skaters)</b>	Level 1	Level 2	Level 3
<b>Names of Team members</b>	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.		
<b>Country of Citizenship</b>			
<b>Passport Number and place of Issue</b>			
<b>UK Resident for 1 year</b>	Yes	No	
<b>Gender</b> (Please circle)	Male	Female	
<b>Impairment Information</b> (Provide only general information. Supporting evidence should be provided separately as advised)			
<b>Is a classification of impairment required?</b>	Yes	No	
	If No, provide date of previous classification:		
<b>Chaperone Name(s)</b> (for accreditation of person responsible for athlete care)			
<b>Facilitator Name</b> (for the purposes of accreditation)			
<b>Assistance required</b> whilst skating (Please circle)	Supporting aid	Harness	
	Frame	Visual Facilitator	
<b>Additional requirements</b> + any further explanation			
<b>Coach Name</b> (for the purposes of			

accreditation)	
<p><i>I have read and agree to abide by the rules of the event and to observe the rules and directions of Inclusive Skating, the Organisers at all times. I confirm that I am in sufficient health and have no medical condition or otherwise that would impede my ability to compete or be detrimental to any other competitor's ability to compete or cause harm whatsoever to any person. I understand that I participate in this Event at my own risk and that no liability is accepted by Inclusive Skating, and/ or the Organisers for any death, injury, damage or loss sustained by me during this event except as may be proven to be caused by the negligence of Inclusive Skating, and / or the Organisers. I further confirm that should any loss, injury, death or damage resulting from a negligent act or omission on my part as a result of any false information provided by me to Inclusive Skating, and / or the Organisers then I shall fully indemnify Inclusive Skating, and/ or the Organisers for any loss suffered as a result.</i></p>	
<b>Signature of skater or their Parent / Guardian if under 18</b>	
<b>Date</b>	

Please provide any additional information on separate sheets if required

**Inclusive Skating Event 2018**  
**Anti-Doping Parental / Guardian Consent Form For Skaters Under**  
**The Age of 18**

This form must be received by the organiser ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com)) by  
**27<sup>th</sup> august 2018**

Please read the following carefully.

*It is Inclusive Skating's policy that no skater under the age of 18 at the time of anti doping may be tested without written parental / guardian consent.*

*Anti-Doping Testing Programme – Inclusive Skating Policy*

*Inclusive Skating has determined that anti-doping testing may be carried out at any of the following:*

- *Competition Testing: International events held in the UK, UK Championships, Regional Championships (England/Scotland/Wales/N Ireland), National Competitions*
- *Squad and Out-of-Competition Testing: Team Skate GB (Including camps)*
- *Disciplines: Inclusive Skating of any type*
- *Genders: Male/Female*
- *Age: Not under 18 without written parental / guardian consent except current / past members of Team Skate GB who may be tested.*

*By signing this form below as Parent or Guardian of the skater(s) entered consent is given for the skater(s) to be tested in accordance with the Inclusive Skating Anti-Doping Policy above.*

**Declaration:** I / We the Parent(s) / Guardian(s) of the Skater(s) entered for this competition consent to Inclusive Skating's Anti-Doping procedures

Skater(s) Name:	
Signature of Parent or Guardian:	
Date:	

**Inclusive Skating Event (Inclusive Skating for Genes 2018)  
Photography and Videoing Information**

Optional Form - Please send to ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com)) by 27<sup>th</sup> August 2018

*a. It is understood as a condition of entering this competition that all competitors will be videoed for use by the Technical, Classification & Judging panels.*

*b. Competitors may also be photographed by the Inclusive Skating Official Photographer and or filmed by an Inclusive Skating Camera for broadcast by Inclusive Skating on similar media and broadcast and streamed through the internet. Photographs and DVD's of the competitions may be offered for sale at the event and Inclusive Skating reserve the right to publish or broadcast any images obtained in carefully selected and approved media.*

*c. If this information form is not signed then consent will be presumed by virtue of the skater entering the competition.*

**Declaration:** *I/ We the parents or guardian of the skater named consent to being Photographed or Filmed for any other purpose in addition to the judging, classification and technical panels and for all Official purposes related to this event.*

Skaters Name	
Signature of Skater if over 18 or of Parent or Guardian if under 18	

*If you are an over 18 skater or you as a parent of an under 18 skater wishes to opt out of being photographed and or filmed during the competition (other than for the purpose of the Judging, Classification and Technical panels) please contact Margarita Sweeney-Baird. ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com))*

*The organizers may refuse entry to the competition should the Competitor opt out of providing photography and video consent as it is not possible to prevent skaters being photographed and videoed at a public skating event.*

**Inclusive Skating for Genes 2018 Event  
Music Information Form**

This optional form should be sent to the organiser ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com)) by  
**27<sup>th</sup> September 2018**

All music must be on a CD with the skater's name(s) event and the length of the music (not the skating time) must be clearly indicated. Tapes will not be accepted. You may also bring a USB or electronic device with you as we are piloting the use of alternative music platforms and we may have this facility in place.

<b>Music Title:</b>	
<b>Composer:</b>	
<b>Time: (Mins / Secs)</b>	
<b>Signature:</b>	
<b>Date:</b>	

Interpretation details on Music may be helpful for press release purposes. E.g. what you are interpreting on the ice, including background information regarding the piece of music selected.



**Inclusive Skating for Genes Event 2018  
Planned Programme Content and Marking Sheets**

Form must be received by the organiser ([margarita.msb@gmail.com](mailto:margarita.msb@gmail.com))  
by

**12 noon on 27<sup>th</sup> August 2018** One form is required for Free only. No form is  
required for Free Dance or Synchro)

Please fill in the form for the level entered

Please ask your coach to fill in this form or contact us if you need any help

(These are new forms and there is a specific form for each level)

\* If skater does not identify the requisite elements to be given a Grade of Execution (GOE) then the first elements performed by the skater that meet the criteria and are identified by the Judging panel will be called and given a Grade of Execution.

**Level 1 or BHF Level 1 or 2  
Planned Program Content and Marking Sheet**

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

LEVEL 1 Technical Elements permitted For GOE Select 4 for BHF 1 & Level 1 and Select 5 for BHF 2	Technical Value	Element Planned – GOE & non-GOE	Order of Element	Elements selected for GOE	Element Called	GOE Score awarded by judges	Marks Awarded
Forward march or stroking (5 metres)	0.1						
Backward wiggle or march (5 metres)	0.1						
Forward swizzles 2 feet (5 metres)	0.1						
Backward swizzles 2 foot (5 metres)	0.1						
Forward two-foot glide (length of the body)	0.1						
Backward two-foot glide (length of body)	0.1						
Forward gliding dip (length of the body)	0.1						
Backward gliding dip (length of body)	0.1						
Forward one foot glide for length of body (left & R).	0.1						
Two-foot jump or beginner bunny on spot or moving	0.1						
One foot forward snowplow stop (left or right).	0.1						
Forward two foot curves L & R (length of body)	0.1						
Two foot turn front to back, on spot	0.1						
Total Technical Elements Score							
Impairment Compensation (average 1.25 for BHF 1 and 1.50 BHF 2 and 2.45 for Level 1 )							
Skating Skills	Performance and Execution			Factor			
				1.0 for Level 1 0.5 for BHF 1 &2			
Total Score for Performance							



## Level 2 Planned Program Content and Marking Sheet

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

Technical Elements Permitted Select 5 for GOE	Technical value	Element Planned – GOE & non-GOE	Order of Element	Elements selected for GOE	Element Called	GOE Score awarded by judges	Marks Awarded
LEVEL 1 Technical Element							
Forward swizzles 2 feet (5 metres)	0.1						
Backward swizzles 2 foot (5 metres)	0.1						
Forward gliding dip (length of the body)	0.1						
Backward gliding dip (length of body)	0.1						
Forward one foot glide for length of body (left & right).	0.1						
Two-foot jump or beginner bunny hop in place or moving	0.1						
One foot forward snowplow stop (left or right).	0.1						
Forward two foot curves left and right (length of body)	0.1						
Two foot turn front to back, on spot	0.1						
LEVEL 2 Technical Elements below (At least 3 are to be selected for GOE)							
Consecutive forward one-foot swizzles (L & R for 5 metres)	0.133						
Consecutive backward one-foot swizzles (L & R for 5 metres)	0.133						
Backward one-foot glide (L & R for length of body)	0.133						
Bunny Hop	0.133						
T-stop (L or R)	0.133						
Backward stroking for a distance of 5	0.133						

metres							
Two-foot turn gliding forward to backward (length of the body)	0.133						
Two-foot turn gliding backwards to forward (length of the body)	0.133						
Forward pivot (one circle)	0.133						
Forward two-foot spin (3 revolutions)	0.133						
Forward two-foot turn on a circle (two-foot three turn)(clockwise and counter-clockwise, edges length of body)	0.133						
Forward outside one foot three-turn (L & R edges for 1 metre)	0.133						
Consecutive forward crossovers (L & R in a semi- circle)	0.133						
Forward outside edge (L & R both edges on a semi circle)	0.133						
Forward inside edge (L & R both edges on a semi circle)	0.133						
Forward Lunge or drag (at any depth for length of body)	0.133						
F Duck (at any depth for length of body)	0.133						
Total Technical Elements Score							
Impairment Compensation (average 4.25)							
Skating Skills	Performance and Execution		Factor				
			1.50				
Total Score for Performance							

## Level 3 Planned Program Content and Marking Sheet

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

Elements Permitted	Technical value	Element Planned GOE & non-GOE	Order of Elements	Select 6 for GOE	Element Called	GOE	Marks Awarded
LEVEL 2 Technical Element							
Consecutive forward one-foot swizzles (L & R each 5 metres)	0.133						
Consecutive backward one-foot swizzles (L & R each 5 metres)	0.133						
Backward one-foot glide (L & R, each length of body)	0.133						
Bunny Hop	0.133						
T-stop (left or right).	0.133						
Forward pivot (one circle)	0.133						
Forward two-foot spin (3 revs)	0.133						
Forward outside one foot three-turn (L & R for 1 metre)	0.133						
Consecutive forward crossovers (L & R in semi-circle)	0.133						
Forward outside edge (L & R in a semi circle)	0.133						
Forward inside edge (L & R in a semi circle)	0.133						
Forward Lunge or drag (at any depth for length of body)	0.133						
F Duck (at any depth for length of body)	0.133						
Level 3 Elements (select at least 3)							
Waltz jump	0.133						
Salchow	0.133						

Toe Loop Or Toe three jump	0.133						
Forward spiral – 5 metres	0.133						
Backward spiral – length of body	0.133						
One foot Upright spin – 3 revolutions	0.2						
Five consecutive backward crossovers (left and right)	0.133						
Consecutive forward outside edges (L & R on semi-circle)	0.133						
Consecutive forward inside edge (L & R on semi-circle)	0.133						
Consecutive backward outside edges (L & R on semi-circle).	0.17						
Consecutive backward inside edges (L & R on semi-circle).	0.17						
Forward inside one foot three turn L & R & 1 metre edges	0.17						
Forward inside Mohawk (L & R 1 metre edges & extended free leg).	0.17						
Simple footwork for distance of 5 metres or more	0.17						
Field moves (spirals, lunges etc.) for distance of 5 metres or more	0.17						
Hockey stop	0.133						
Total Technical Elements Score							
Impairment Compensation (average 6.20)							
Skating Skills	Performance and Execution		Factor				
			2.0				
Total Score for Performance							

## Level 4 Planned Program Content and Marking Sheet

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

Elements Permitted	Computer Abbreviation & base value	Element Planned	Order of Elements	7 for GOE	Element Called	GOE	Marks Awarded
LEVEL 2 Technical Element							
Bunny Hop	0.133						
Forward pivot (one circle)	0.133						
Forward two-foot spin (3 revs)	0.133						
Level 3 Elements							
Waltz jump	0.133						
Forward spiral – 5 metres	0.133						
Backward spiral – length of body	0.133						
Five consecutive backward crossovers (left and right)	0.133						
Consecutive forward outside edges (L & R on semi-circle)	0.133						
Consecutive forward inside edge (L & R on semi-circle)	0.133						
Consecutive backward outside edges (L & R on semi-circle).	0.17						
Consecutive backward inside edges (L & R on semi-circle).	0.17						
Forward inside one foot three turn L & R for 1 metre	0.17						
Forward inside Mohawk (L & R 1 metre & extended free leg).	0.17						
Simple footwork for distance of 5 metres or more	0.17						
Field moves	0.17						

(spirals, lunges etc.) for distance of 5 metres or more							
Hockey stop	0.133						
Level 4 Elements (at least 4)							
½ revolution jumps (split jump etc.)	0.133						
Upright Back spin – any entry allowed, 1 foot or 2 foot	0.133						
Attempt at sitspin or camel spin	0.3						
One foot spin - 3 revolutions & max of 2 positions – no change of foot	0.2						
Upright Spin	0.3						
Sitspin	0.37						
Camel Spin	0.37						
Layback Spin	0.4						
Spin Combination with change of position and no change of foot (two positions)	0.37						
Single Waltz + Single Toe Loop	0.27						
Single Salchow + Single Toe loop Combination	0.27						
Salchow	0.133						
Toe Loop	0.133						
Loop	0.17						
Total Technical Elements Score							
Impairment Compensation (average 9.60)							
Skating Skills	Performance and Execution		Factor				
			2.5				
Total Score for Performance							

## Level 5 Planned Program Content and Marking Sheet

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

Elements Permitted	Computer Abbreviation & base value	Element Planned	Order of Elements	8 for GOE	Element Called	GOE	Marks Awarded
Level 3 Elements							
Waltz jump	0.133						
Forward spiral – 5 metres	0.133						
Backward spiral – length of body	0.133						
Simple footwork for distance of 5 metres or more	0.17						
Field moves (spirals, lunges etc.) for distance of 5 metres or more	0.17						
Level 4 Elements (at least 4)							
½ revolution jumps (split jump etc.)	0.133						
Single Waltz + Single Toe Loop	0.27						
Single Salchow + Single Toe loop Combination	0.27						
Upright Back spin – any entry allowed, 1 foot or 2 foot	0.3						
Attempt at sitspin or camel spin	0.3						
One foot spin - 3 revolutions & max of 2 positions – no change of foot	0.2						
Upright Spin	0.33						
Sitspin	0.37						
Camel Spin	0.37						
Layback Spin	0.4						
Spin Combination with change of position inc. IP and no change of foot (two positions)	0.5						
Level 5 Elements at least 4							
Salchow	0.133						

Toe Loop	0.133						
Loop	0.17						
Single Flip Jump	0.17						
Single Lutz	0.2						
Single Loop / Flip /Lutz + Single Toe Loop combination	0.3						
Single Loop or Flip or Lutz + Single Loop Combination	0.35						
Step (full length of rink or full circle	0.5						
Choreographic Sequences (2 or more field moves, jumps etc)	0.67						
Spin Combination with change of position inc. IP & change of foot (2p)	0.533						
Spin Combination 2 change position & no change of foot (3p) inc. IP	0.57						
Spin Combination with change of position and no change of foot (two positions inc. IP)	0.6						
Upright Spin - 1 change of foot & no change of position	0.5						
Layback Spin – 1 change of foot & no change of position	0.57						
Camel Spin with 1 change of foot & no change of position	0.57						
Sit Spin with 1 change of foot & no change of position	0.533						
Total Technical Elements Score							
Impairment Compensation (average 12.30)							
Skating Skills	Performance and Execution		Factor				
			2.5				
Total Score for Performance							



## Level 6 Planned Program Content and Marking Sheet

**Name of Skater :**

**Competition : Pre-Novice, Novice, Advanced Novice, Junior, Senior**

Elements Permitted	Computer Abbreviation & base value	Element Planned	Order of Elements	9 for GOE	Element Called	GOE	Marks Awarded
Level 4 and 5 Elements							
½ revolution jumps (split jump etc.)	0.133						
Salchow	0.133						
Toe Loop	0.133						
Loop	0.17						
Single Flip Jump	0.17						
Single Lutz	0.2						
Waltz + Single Toe loop combination	0.27						
Single Salchow + Single Toe loop Combination	0.27						
Single Loop or Flip or Lutz + Single Toe Loop combination	0.3						
Single Loop or Flip or Lutz + Single Loop Combination	0.35						
Step							
Choreographic Seq (2 or more field moves, jumps etc)							
Upright Back spin –	0.3						
Attempt at sitspin or camel spin	0.3						
One foot spin - 3 revs & max of 2 positions – no change of foot	0.2						
Upright Spin	0.33						
Sitspin	0.37						
Camel Spin	0.37						
Layback Spin	0.4						
Spin Combination with change of position inc IP & no change of foot (2p)	0.5						

Spin Combination with change of position + change of foot (2p) inc. IP	0.533						
Spin Combination 3p position & no change of foot (3p)	0.57						
Spin Combination with change of position & change of foot (three positions) ) inc. IP)	0.60						
Upright Spin - 1 change of foot & no change of position	0.5						
Sit Spin with 1 foot change & no change of position	0.533						
Camel Spin with 1 change of foot & no change of position	0.57						
Layback Spin – 1 change of foot & no change of position	0.57						
Level 6 (at least 4)							
Axle	0.37						
Double Salchow	0.433						
Double toe loop	0.433						
Double loop	0.6						
Double Flip	0.633						
Double Lutz	0.7						
Double Axle	1.1						
Triple or Quad(specify)	Use above from levels 4.5 and 6 or as advised by IS + calculated pro rata						
2 jump combination (at least one level 6 jump)							
2 jump combination (at least one level 6 jump)							
Flying spin -specify	0.53 or Use above + Add 0.2 or as advised by IS						
Total Technical Elements Score							
Impairment Compensation (average 15.20)							
Skating Skills	Performance and Execution		Factor				
			2.5				
Total Score for Performance							