



MOOC 3

Coaching on the Ground: Planning, Doing and Reviewing

Introduction to MOOC 3



MOOC 3 – Coaching on the Ground: Planning Doing and Reviewing - Introduction



VIEW AND/OR READ

You can view this section on the online MOOC:

<https://www.youtube.com/watch?v=NfFck17WsV4&list=PLO4sec12HcRux9xxxRZ1dMNxcWc0JMTsB>

or you can read it in the Study Guide. If it re-enforces your learning, you can do both.

Hi there Coach!

Welcome to course number three of the FREE iCoachKids e-learning suite! iCoachKids is co-funded by the Erasmus+ fund of the European Commission and led by Leeds Beckett University and the International Council for Coaching Excellence with another six partners.



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Course 1 - Developing Effective Environments for Children in Sport

In course 1 we took a detailed look at how to set up our coaching environment to guarantee positive experiences for children.

Course 2 - Child-Centred Coaching & Physical Literacy

In **Child-Centred Coaching & Physical Literacy**, we shared with you all the knowledge and tools you need to make sure your coaching meets the needs and wants of the children you coach.

Course 3 - Coaching on the Ground: Planning, Doing and Reviewing

In this course we will cover all the things that will allow you to actually do the doing!

The course contains four chapters:

Chapter 1 - Planning for Success

This will introduce you to the idea of planning, its benefits and give you some tools to help you plan sessions and seasons.

Chapter 2 - How Learning Happens and How Coaches Can Help

This chapter will help you understand how children learn, debunk some long-standing myths and provide you with a set of pedagogical tools to maximise kids' learning.

Chapter 3 - Coaching in Competition

Chapter 3 will challenge you to think about competition in a slightly different way than the traditional 'cut-throat' approach and give you the knowledge and tools you need to make competition a positive and developmental experience.

Chapter 4 - The Lifelong Learning Coach

And finally, Chapter 4, **The Lifelong Learning Coach**, will explore the importance of continuous learning both for the children you coach, and most importantly, for your own personal development and enjoyment of coaching.

How is that for a learning menu?

We hope you will enjoy the course. Thank you again for being a coach and for making such a big difference to the lives of so many children and their families.

And remember:

Keep Calm and Coach On!
