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Inclusive Skating provides International, national and local competition in Figure Skating. There is a wide range of events to choose from within the competition structure. There are Free, Pair, Dance, Figure and Synchro events for duets, trios, quads, teams from 5 to 10 skaters and super teams with 11 to 16 skaters. These allow for the inclusion of skaters with all forms of disability and support needs, including those that use a harness, frame, balance facilitator or wheelchair. We aim to provide an opportunity for everyone to participate.

Skaters do not need a diagnosis to be included. The assessment of the skater's needs and abilities is undertaken functionally during classification. Skaters with mental illness are also welcomed on a unified basis. All Skaters, Inclusive and Unified alike, receive all necessary support and facilitation to meet their needs.

A supportive environment is provided with extensive accreditation of the Inclusive Skater's care givers. This policy is implemented through the Announcement and competition entry process. All accredited persons must comply with the Code of Conduct for Officials.

Facilitation to meet the skater's needs can take many forms and is approved during classification. The Inclusive Skating Classification Handbook 4th Edition provides examples. This Technical Handbook provides the competition rules that authorize the use of facilitation.

Inclusive Skaters with a classified impairment have an impairment compensation added to their skating score. Skaters who do not, skate as Unified Skaters and have no impairment compensation added to their score. This Technical Handbook provides the rules that authorize and determine the addition of the impairment compensation to the skating score.

Skaters skate once at the Level of competition they enter and obtain a skating score with the addition of any impairment compensation and medals are awarded according to the age and level of the skater. This ensures that all skaters have a development pathway and that recreational skaters or skaters new to the sport can be successful too.

Additional results from the same performance score are provided for Championship results and partnership events. The Inclusive Skating Championship results are calculated by amalgamating all the results across all the levels. An adjustment for time is made for fairness.

Disability specific events can operate on a cost-effective basis within this structure. Inclusive Skating has hosted Special Olympic events since 2012 and British Blind Sport Events in 2016. In 2017, the Inclusive Skating for Genes British Championships was founded. This is the first event specifically for children with genetic disorders. Inclusive Skating will continue to pioneer the development of ice skating competitions for Inclusive and Unified Skaters.

The Inclusive Skating Technical Handbook therefore provides information on the events that are available, their operation, the technical elements, the scoring and the judging system.

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The rules of competition for Inclusive Skating therefore seek to provide fair rules of competition on the following matters:

1. The competition is governed by the Announcement of the Event and the Inclusive Skating Technical Handbook with some modifications to take into account classification procedures and the needs of the skaters.
2. The competition is fair for skaters with a permanent impairment and how that impairment is established.
3. The role of the Classification Handbook and the Code of Classification for Inclusive Skating.
4. The responsibilities of participants.
5. The scoring and results system.

Please may we at Inclusive Skating extend a warm welcome to everyone.

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